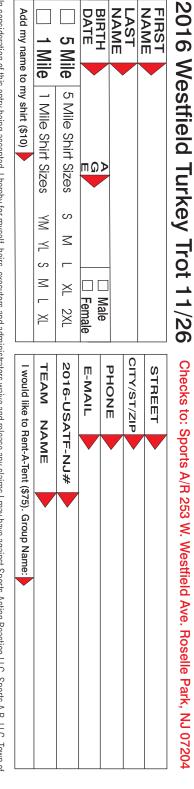


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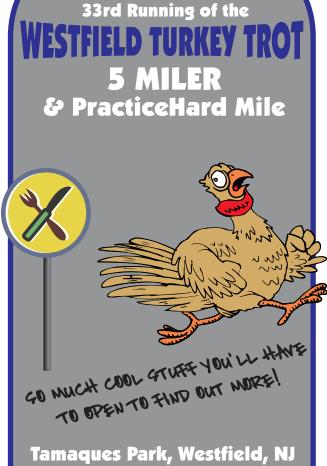
DATE

n consideration of Vestfield, USA Tr uffer as a result nderstand safety ੜੂ ਦ f this entry being accepted, I hereb tock & Field, and any and all parties of my participation in this event. I co is the top priority of this event; dog , I hereby for myself, heirs, ري، gr Certif , executors a tions, volunt able and administrators nteers, sponsors, an ಷ ರ , Sp particit board sors, an ate in th s waive and release any o ind/or any representatives this event. Lagree to abid cles, and similar devices and y claims I may r ves involved in t vide by and coop and not al have against ? പ്പട്ട against Sports A lestfield Turkey T e with the race c or Sports A.R. I ' other record s Action Reaction LLC by Trot events for any a e officials' instruction and my entry fee is no a III C to send me em 으, 급 n LLC, Sports A.R. Ll any and all injuries v ictions and decisions is non-refundable fo le emails regarding the Ð bisions. I able for any/all ding this or event for 8. LLC, Town of es which I may ons I





for <u>your</u> group and community through the Westfield Turkey Trot community partnership programs! tears@practicehard.com



Saturday, November 26, 2016 1M - 10:30 a.m. 5M - 11:15 a.m.

## www.WestfieldTurkeyTrot.com

A community holiday tradition for all! Celebrate the season with a 5 Mile run or 1 Mile run or walk; welcoming avid runners to first time 5 milers, casual walkers to 1 Mile sprinters, families, friends, coworkers, individuals and everything in between. Come Trot with us!

# WESTFIELD 5 MILE TURKEY TROT Expractice Hard Mile

## Saturday, November 26th

9:00 am Registration Opens
10:30 am PracticeHard Mile Begins
11:15 am 5 Mile Road Race Begins
11:20 am PracticeHard Mile Awards
12:30 pm 5 Mile Awards Ceremony

# **Registration/Packet Pick-up**

Register Online at PracticeHard.com No Processing Fee

Friday 11/25, Time TBD - Local Location Check www.WestfieldTurkeyTrot.com! Saturday 11/26, 9 a.m. - 15 min. prior to event Tamaques Park, Westfield \*Cash or check only for new sign-ups Fri/Sat.



#### **Directions From Parkway & Parking**

Take exit 135; Follow signs to Westfield; Left at 2nd light on to Terminal Ave.; Right at 1st light on to Rahway Ave.; First left on to Lamberts Mill Rd.; Tamaques Park entrance is about 1M on your right; The Park will be open for parking until 10:15 a.m. or until full. Event staff will direct you to nearby street parking after this time.

## www.WestfieldTurkeyTrot.com

Why Trot? Gourmet refreshments by Chef Roscoe including Hot Soup! Specialty tees (5M), T-shirts (1M) Spin our Carnival Wheel for prizes Free Face painting Bag Check - no lugging back to the car Clocks at every mile, residential course B-Tag timing - 5M & 1M - BestRace.com Instant Mobile Results NO online processing fees PracticeHard.com Free Course Preview Run

## **Trot Spot Rent-A-Tent**

Trot Spot: Rent-A-Tent Program Claim your very own spot at the Trot. \$75 gets your group a 10'x10' tent with table and chairs - plus we'll pre-package your group's registration materials!

# **Entry Fees**

#### 5 Mile Run

\$26 by 11/24 with Specialty Tee included (\$23 USATF-NJ or \$20 Military w/ ID by 11/24)
\$30 on Friday or Event Day (shirt not guaranteed)

#### **PracticeHard Mile - Fun Run/Walk**

\$13 by 11/24 with T-Shirt included

(\$11 Westfield youth 14 & under by 11/24) \$15 on Friday or Event Day (shirt not guaranteed)

# Awards & Timing

#### 5 Mile Run

Top 3 Overall (M/F); Top Master 40+ (M/F) Top 3 in 5 Year Age Groups (M & F): 14 & under, 15-19, 20-24, 25-29, through 85+ The Bills' Award

#### **PracticeHard Mile - Fun Run/Walk**

Top 3 Overall (M/F); Top 3 in Age Groups (M/F): 6 & under, 7-8, 9-10, 11-12, 13-14

5M & 1M officially timed & scored by BestRace.com using B-Tag technology. Instant results at BestRace.com/Mobile.

## **Get Involved**

Find out how to make the most of your Trot experience by fundraising for your group, by volunteering, or becoming a business sponsor to connect personally with Trotters!

## Got Questions...

Get Answers.

• 908-245-3000 tears@practicehard.com

