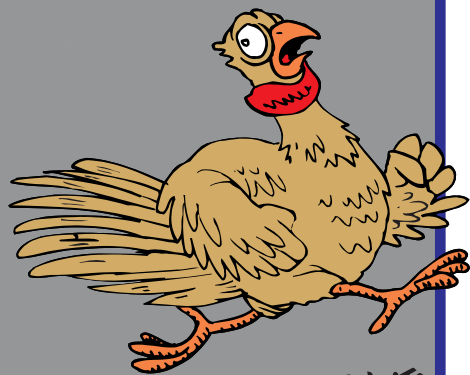


32nd Running of the  
**WESTFIELD TURKEY TROT**  
**5 MILER**  
 & PracticeHard Mile



SO MUCH COOL STUFF YOU'LL HAVE  
 TO OPEN TO FIND OUT MORE!

Tamaques Park, Westfield, NJ  
**Saturday, November 28, 2015**  
 1M - 10:30 a.m. 5M - 11:15 a.m.

[www.WestfieldTurkeyTrot.com](http://www.WestfieldTurkeyTrot.com)

**A community holiday tradition for all!**  
**Celebrate the season with a 5 Mile run or 1 Mile run or walk; welcoming avid runners to first time 5 milers, casual walkers to 1 Mile sprinters, families, friends, coworkers, individuals and everything in between. Come Trot with us!**

# Turkey Team

Thank you to our Partners!

GET OFF THE COUCH NJ!



*ChefRoscoe.com*



Register Online at

**PracticeHard.com**

No Processing Fee

Sponsorship opportunities available!

The Westfield Turkey Trot proudly supports:  
*Local Youth Athletic Teams*  
*Local Youth Clubs*  
*Local Non-Profits*  
*Westfield Volunteer Rescue Squad*

Contact us for ways to fundraise for your group and community through the Westfield Turkey Trot community partnership programs!  
[tears@practicehard.com](mailto:tears@practicehard.com)

## 2015 Westfield Turkey Trot 11/28

Checks to: **Sports A/R 253 W. Westfield Ave. Roselle Park, NJ 07204**

FIRST NAME										
LAST NAME										
BIRTH DATE	A		E		G		M		Y	
<input type="checkbox"/> 5 Mile	5 Mile Shift Sizes	S	M	L	XL	2XL	<input type="checkbox"/> Male	<input type="checkbox"/> Female		
<input type="checkbox"/> 1 Mile	1 Mile Shift Sizes	YM	YL	S	M	L	XL			
Add my name to my shirt (\$10) ▼										

STREET										
CITY/ST/ZIP										
PHONE										
E-MAIL										
2015-USATF-NJ#										
TEAM NAME										
I would like to Rent-A-Tent (\$75). Group Name: ▼										

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against Sports Action Reaction LLC, Sports A/R, LLC, Town of Westfield, USA Track & Field, and any and all parties, groups, organizations, volunteers, sponsors, and/or any representatives involved in the Westfield Turkey Trot events for any and all injuries which I may suffer as a result of my participation in this event. I certify that I am physically able to participate in this event. I agree to abide by and cooperate with the race officials' instructions and decisions. I understand safety is the top priority of this event; dogs, other pets, in-line skates, skateboards, bicycles, and similar devices are not allowed on the course, and my entry fee is non-refundable for any/all reasons including unavoidable event cancellation/rescheduling. By providing my email address, I hereby authorize Sports Action Reaction LLC or Sports A/R, LLC to send me emails regarding this or similar events. I agree to pay the \$3 replacement fee if I lose my electronic bib number. I grant full permission to use any photos, video, recording, or other record of my attendance at this event for legitimate purposes without compensation or remuneration.

SIGNATURE

DATE

SIGNATURE OF PARENT IF UNDER 18



# WESTFIELD 5 MILE TURKEY TROT

Saturday, November 29th

9:00 am Registration Opens  
10:30 am PracticeHard Mile Begins  
11:15 am 5 Mile Road Race Begins  
11:20 am PracticeHard Mile Awards  
12:30 pm 5 Mile Awards Ceremony

## Awards & Timing

### 5 Mile Run

Top 3 Overall (M/F); Top Master 40+ (M/F)  
Top 3 in 5 Year Age Groups (M & F):  
14 & under, 15-19, 20-24, 25-29, through 85+  
The Bills' Award

### PracticeHard Mile - Fun Run/Walk

Top 3 Overall (M/F); Top 3 in Age Groups (M/F):  
6 & under, 7-8, 9-10, 11-12, 13-14

5M & 1M officially timed & scored by  
BestRace.com using B-Tag technology.  
Instant results at BestRace.com/Mobile.



### Directions From Parkway & Parking

Take exit 135; Follow signs to Westfield; Left at 2nd light on to Terminal Ave.; Right at 1st light on to Rahway Ave.; First left on to Lamberts Mill Rd.; Tamaques Park entrance is about 1M on your right; The Park will be open for parking until 10:15 a.m. or until full. Event staff will direct you to nearby street parking after this time.

PracticeHard Mile

[www.WestfieldTurkeyTrot.com](http://www.WestfieldTurkeyTrot.com)

### Why Trot?

Gourmet refreshments by Chef Roscoe including Hot Soup!

Specialty tees (5M), T-shirts (1M)

Spin our Carnival Wheel for prizes

Free Face painting

Bag Check - no lugging back to the car

Clocks at every mile, residential course

B-Tag timing - 5M & 1M - BestRace.com

Instant Mobile Results

NO online processing fees PracticeHard.com

Free Course Preview Run

## Registration/Package Pick-up

Register Online at

**PracticeHard.com**  
No Processing Fee

Friday 11/28, 2-6 p.m. - Westfield Location

Check [www.WestfieldTurkeyTrot.com](http://www.WestfieldTurkeyTrot.com)!

Saturday 11/29, 9 a.m. - 15 min. prior to event

Tamaques Park, Westfield

\*Cash or check only for new sign-ups Fri/Sat.

## Entry Fees

### 5 Mile Run

\$25 by 11/26 with Specialty Tee included

(\$22 USATF-NJ or Military w/ ID by 11/26)

\$30 on Friday or Event Day (shirt not guaranteed)

### PracticeHard Mile - Fun Run/Walk

\$12 by 11/26 with T-Shirt included

(\$10 Westfield youth 14 & under by 11/26)

\$15 on Friday or Event Day (shirt not guaranteed)

## Course Preview Group Run

Learn the 5 Mile course before race day!  
FREE preview run Saturday, 11/21 @ 9 a.m.  
The preview run will be super casual and at a pace comfortable for the group. Check the website for details, rsvp and updates!

## Turkey Trot Your Way

### Personalize your Shirt!

Sport your name on the back of your Trot shirt!

First, last, nick name, team name: only \$10.

Deadline is 11/15; 15 letters max.

Ask us about custom team shirts.

### Trot Spot: Rent-A-Tent Program

Claim your very own spot at the Trot.  
\$75 gets your group a 10'x10' tent with table and chairs - plus we'll pre-package your group's registration materials!

## Get Involved

Find out how to make the most of your Trot experience by fundraising for your group, by volunteering, or becoming a business sponsor to connect personally with Trotters!

## Got Questions... Get Answers.



908-245-3000

[tears@practicehard.com](mailto:tears@practicehard.com)

Facebook.com/  
WestfieldTurkeyTrot



New Jersey  
Grand Prix Event  
500 Points