



VERNON 5K RUN 1 M WALK



WHEN
May 3, 2020
Run Start time 9:00am

WHERE
**Maple Grange
Park**

22 Maple Grange Road, Vernon

5K Run • 1 Mile Walk • Sunday • Proceeds will benefit a local family in need • Run • Walk • Register • \$25.00 • www.runsignup.com • SWAG • T-shirt • Registration Open

WWW.VERNONPAL.COM
FOR MORE INFORMATION CALL 973-764-9514

**RUNNERS AND
WALKERS
WELCOME**

**REGISTER NOW
\$25.00**

**Early registrations
guaranteed a t-shirt and
SWAG bag, register
no later than 4/22/2020.
Late registration and race
day registration \$30.00
begins 4/23/2020.
www.runsignup.com**

SCHEDULE

**Packet pick up and race
day registration 7:30am
5K Run Start 9:00am
1M Walk Start 9:10am**

BENEFITS

**All Proceeds will benefit a
local family in need.**

SPONSORS

**Please contact the PAL if
you are interested in
becoming a Vernon 5K
Sponsor, 973-764-9514**