THURSDAY, MAY 24, 2012

WWW.PRACTICEHARD.COM

2012 RACE ENTRY FORM

RACE INFORMATION

5:00pm	Registration			
6:15pm	Kids' Dashes (12 & under)			
6:30pm	3K Poker Fun Walk			
7:00pm	5K Run			
7:45pm	Awards Ceremony			

Register Online at PracticeHard.com NO PROCESSING FEE

AWARDS

5K Run

1st, 2nd, 3rd Overall
Healthiest Town
School Spirit
Law Enforcement
First Responders
Fastest High School Male & Female
Age Groups: 14 & under/15-79/80 & over
(5 year age groups)

3K Poker Fun Walk

(collect playing cards from dealers along the route) Winning Poker Hand wins Grand Prize

Kids' Dashes

Ribbons to all finishers

New This Year!

5K Practice Runs Join us to familiarize yourself with the 5K course. Practice runs will be held at 7:00 pm on: Thursday, April 26th Thursday, May 3rd Meet by the clock tower on the corner of N. Bridge and Main Streets in Somerville

RAIN OR SHINE

DIRECTIONS TO THE LEGAL RUNAROUND

Where: Veterans' Memorial Plaza 20 Grove Street, Somerville, NJ 08876 (across the street from the Historic Courthouse)

From I-287 Southbound: Take Exit 17 to Routes 202/206 South. Take routes 202/206 South to Route 22 East. Go East to the Grove Street /Somerville exit. Go 10 blocks on Grove Street. The Plaza is on the left.

From I-287 Northbound: Take Exit for Route 22 West (exit from the left lane). Get off at the Grove Street/Somerville exit. Proceed as above.

WOULD YOU LIKE TO CONTRIBUTE?

If you wish to be a corporate sponsor or to make a personal donation for the Legal Runaround 5K, please contact Carol Ann Winder at (908) 685-2323 at the Somerset County Bar Foundation.



Checks payable to: Somerset County Bar Foundation/5K Mail to: 253 W. Westfield Ave., Roselle Park, NJ 07204

> Register Online at PracticeHard.com NO PROCESSING FEE

ENTRY FEES (please check)

Race Da	ay - All Entry Levels (E	xcl. kids)		\$25	
□ 5K*				\$20	
□ 3K Poke	er Walk*			\$20	
🗌 2012 U	SATF-NJ Members*			\$18	
□ Studen	ts (Under 18)*			\$15	
🗌 Kids' Da	ashes			\$5	
,	* Pre-entry by 5/22 on li	ne or 5/21	by mail		
	Checks & cash only	on race da	ay		
Total Paym	ent Enclosed	\$			
Total Dona	tion Enclosed				
First name		Last name			
Date of Birth	Age on Race D	ау	9	Sex	
Street					
City	<u></u>	State		Zip	
Email		Telephone			
T-Shirt (while supplies last)	□ Youth Large □ Mediun	n 🗖 Large	□ xl	□ 2X	
		🗖 High So	chool Stud	lent	
School Name		High So (parent,		iate ty, friend, siblin	
USATF#					
Γ	For Information or to Volu 908-245-3000 • www.practice				

In consideration of this entry being accepted I hereby for myself, heirs, executors and administrators waive and release any claims I may have against Sports A.R., LLC, Somerset County Bar Foundation/Association, and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any Representatives involved in the Legal Runaround events for any and all injuries suffered by me in this event. I certify that I am physically able to compete in this event. I understand that my entry fee is non-refundable. I agree to abide by and cooperate with the race officials' instructions/decisions and understand safety is the top priority of this event.

Date

Signature

Signature of Parent if Under 18

PARTNERING WITH THE TOUR OF SOMERVILLE TO PROVIDE A FUN-FILLED FAMILY WEEKEND!

RACE INFORMATION: 908-245-3000

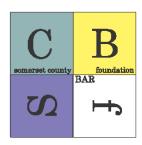
SOMERSET COUNTY BAR FOUNDATION

he Somerset County Bar Foundation was founded to promote a positive relationship between Somerset County residents and their justice system, and to provide related assistance to the community.

Since its inception, it has raised funds for legal scholarships for county residents as well as for local non-profit organizations such as:

- Middle Earth which provides at-risk youth with guid-• ance and support;
- CASA which advocates in Court for abused children:
- DARE which provides Drug Awareness and Resistance Education;
- Legal Services of Northwest Jersey which provides • legal assistance to those without financial means;
- Somerset Treatment Services that assists those suffering from substance abuse and related illnesses;
- ٠ Community Hope, Inc. supporting our homeless veterans and those with psychological or substance abuse issues
- NJ Orators, Inc. which helps youth learn the art of ٠ effective communication

For more information or to find a way to get involved, please contact Carol Ann Winder at the Bar Foundation at 908-685-2323 or cawinder@somersetbar.com







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Somerville, NJ 08876-1095 Somerset County Bar Foundatior 0 Box 1095





Seventh Annual

5K Run ... 3K Poker Fun Walk ... Kids' Dashes

Thursday, May 24, 2012 7:00 pm 5K Start Veterans' Memorial Plaza 20 Grove Street Somerville, NI (across the street from the Historic Courthouse)

FEATURING

- T– Shirt
- Food by Verve Restaurant
- 50/50 Raffle
- D Music
- **Random Prizes**
- **USATF** Certified 5K Course
- 500 Point Grand Prix Event
- No Online Processing Fees

Presented by the Somerset County Bar Foundation for the benefit of Somerset County Non-Profit Organizations

WORKING FOR OUR COMMUNITY