

2019 ENTRY FORM

Visit www.morristownshipturkeytrot.org to register online or return entry form below

Event: []5K []1 Mile Walk/Run []Kids' Trot

First Name _____ Last Name _____

Gender _____ Date of Birth _____ Age (on race day) _____

Address _____

City, State, Zip _____

Phone _____ Email _____

2019 USATF-NJ# _____

Adult Sizes: []Sm []Med []Lg []XL []XXL

Youth Sizes: [] Medium [] Large

T-Shirts are guaranteed to the first 2,000 registrants

5K 11/22 (mail), 11/26 (online) \$30 \$ _____

5K USATF-NJ (by above dates) \$27 \$ _____

5K on event day \$35 \$ _____

1M by 11/22 (mail), 11/26 (online) \$25 \$ _____

1M on event day \$30 \$ _____

Kids' Trot (12 and under) \$10 \$ _____

Please accept my tax-deductible donation: \$ _____

Total Amount Enclosed: \$ _____

**Checks payable to Interfaith Food Pantry
Mail to: 253 W. Westfield Ave., Roselle Park, NJ 07204
Registration must be postmarked by 11/22**

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against LVMC, IFP, Twp. of Morris, Morris County Parks Commission, Sports Action Reaction, LLC, USA Track & Field, and any and all parties, groups, organizations, volunteers, sponsors, and/or any representatives involved in the Morris Twp. Thanksgiving Day 5K/1M Turkey Trot events for any and all injuries that may be suffered by me in this event. I certify that I am physically able to participate in this event. I agree to abide by and cooperate with the race officials' instructions & decisions. I understand safety is the top priority of this event; dogs, other pets, in-line skates, skateboards, bicycles, baby joggers, and similar devices are not allowed on the course; and my entry fee is non-refundable for any/all reasons including unavoidable event cancellation/rescheduling. By providing my email address I agree to receive emails regarding this or similar events by LVMC/IFP/Sports A/R. I grant full permission to use any photos, video, recording, or other record of my attendance at this event for legitimate purposes without compensation or remuneration. By agreeing to this waiver, I certify that I am either over 18 years of age or that my parent/legal guardian if under 18 has selected to agree to this waiver on my behalf. I hereby agree to the terms of the USATF Combined Waiver and Release Form which can be read in its entirety at <http://www.usatf.org/Products---Services/Event-Sanctions/Resources.aspx> or obtained by contacting the event organizer.

Signature (parent if under 18) _____ Date _____

The Interfaith Food Pantry
and Literacy Volunteers of Morris County's
13th Annual Morris Township Thanksgiving Day 5K
& 1 Mile Fun Walk/Run

The Interfaith Food Pantry
2 Executive Drive
Morris Plains, NJ 07950



**2019
Grand Prix**



**USATF
NEW JERSEY
500 Point Event**

**13th Annual Morris Township
TURKEY TROT
FIGHT HUNGER. PROMOTE LITERACY.**



5K, 1 MILE FUN RUN & KIDS TROT

READ, FEED AND RUN!

**Thanksgiving Day, November 28, 2019
Ginty Field Complex, Woodland Ave.
Morris Township, NJ**

**Kids' Trot on the Lawn
Turkey Tee - DJ Entertainment - Refreshments
5K Awards
500 Point USATF-NJ Grand Prix**

benefitting



**Interfaith Food Pantry
and Resource Center**



**Literacy Volunteers
Of Morris County**

www.morristownshipturkeytrot.org

FAMILY FUN



at the 13th Annual TURKEY TROT

5k & 1 mile fun walk/run and Kids Trot

SCHEDULE

7:00 a.m. Packet Pick-up & On-Site
Registration
8:30 a.m. 5K Run
8:40 a.m. 1 Mile Fun Walk/Run
9:15 a.m. Kids' Trot (12 & under)
9:30 a.m. Awards Ceremony

Gun & Chip time provided; Awards by Gun time
Results: www.bestrace.com

AMENITIES: DJ, Refreshments, Turkey
Tee & Awards!

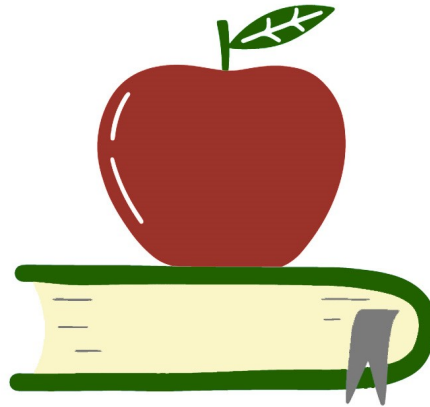
GPS ADDRESS/DIRECTIONS:

49 Woodland Ave., Morris Twp, NJ (Police
HQ next to Ginty field)

For event information contact Sports A/R at
908-245-3000 or tears@practicehard.com



READ, FEED AND RUN!



Be a Fund-racer!

Ask your family, friends and col-
leagues to help you feed and edu-
cate Morris County residents in
need by sponsoring your run.

Just \$50 is a significant contri-
bution to Thanksgiving Dinner for
an IFP family, or it purchases a
full set of workbooks for an LVMC
student.

Create your fundraising page at
morrishowshipsturkeytrot.org



DID YOU KNOW?

There are currently **32 million** adults in
the U.S. who can't read.
In addition, **1 in 6** people will face
hunger at some point in their lives.



Literacy Volunteers of Morris County pro-
motes increased literacy and fluency in
English for adult learners through the use
of dedicated, trained volunteers and sup-
port staff. Each year our more than 350 tu-
tors help almost 1,000 individuals improve
their ability to read, write and speak Eng-
lish, so that they are able to work, raise
their children and live healthy, independent
and productive lives.

www.lvmorris.org



Interfaith Food Pantry
and Resource Center

A community of neighbors helping
neighbors, committed to ending hunger
and supporting self-sufficiency for all.
Through our community partners we pro-
vide food, education and resources to in-
spire confidence and hope to Morris
County families in need. In 2018, we
distributed nearly 1.2 million lbs. of food.

www.mcifp.org

**Business sponsorship
opportunities available**
Call (973) 538-8049 ext. 221