2016 ENTRY FORM - ONE FORM PER PERSON

Event: []5K []1 Mile Walk/Run []Kids' Trot

First Name		Last Name	
Gender	Date of Birth	Age	(on race day)
Address			
City, State, Zi _l)		
Phone		Email	
2016 USATF-	NJ#		
Youth Sizes:]Sm []Med [] Medium Juaranteed to	[] Large	
	mail), 11/22 (d by above date av \$35		\$ \$ \$
1M by 11/16 (1M on event o	mail), 11/22 (d lay \$30		\$ \$
•	and under) \$10 my tax-deduct Enclosed:		\$ \$ \$

Checks payable to Interfaith Food Pantry Mail to: 253 W. Westfield Ave., Roselle Park, NJ 07204 Must be postmarked by 11/11/2016

In consideration of this entry being accepted. I hereby for myself, heirs, executors and administrators waive and release any claims I may have against LVMC, IFP, Twp. of Morris, Morris County Parks Commission, Sports Action Reaction, LLC, USA Track & Field, and any and all parties, groups, organizations, volunteers, sponsors, and/or any representatives involved in the Morris Twp. Thanksgiving Day 5K/1M Turkey Trot events for any and all injuries that may be suffered by me in this event. I certify that I am physically able to participate in this event. I agree to abide by and cooperate with the race officials' instructions & decisions. I understand safety is the top priority of this event; dogs, other pets, in-line skates, skateboards, bicycles, baby joggers, and similar devices are not allowed on the course; and my entry fee is non-refundable for any/all reasons including unavoidable event cancellation/rescheduling. By providing my email address I agree to receive emails regarding this or similar events by LVMC/IFP/Sports A/R. I grant full permission to use any photos, video, recording, or other record of my attendance at this event for legitimate purposes without compensation or remuneration.

Signature (parent if under 18)

Date

The Interfaith Food Pantry
and Literacy Volunteers of Morris County's
10th Annual Morris Township Thanksgiving Day 5K
& 1 Mile Fun Walk/Run

The Interfaith Food Pantry 2 Executive Drive Morris Plains, NJ 07950



NEW JERSE)

Grand Prix

500 Point Event

Literacy Volunteers of Morris County's 10th Annual Morris Township

The Interfaith Food Pantry

Thanksgiving Day 5k & 1 mile fun walk/run



Thursday November 24, 2016 Ginty Field Complex, Woodland Ave. Morris Township, NJ

> 5K - 8:30a.m. 1M - 8:40a.m. Kids' Trot - 9:15a.m.

Kids' Trot on the Lawn Turkey Tee - DJ Entertainment - Refreshments 5K Awards 500 Point USATF-NJ Grand Prix

benefitting





The Interfaith Food Pantry and Literacy Volunteers of Morris County's 10th Annual Morris Township

Turkey Trot

www.morristownshipturkeytrot.org

DATE & LOCATION

Thursday, November 24, 2016 **RAIN OR SHINE** Ginty Field Complex, Morris Township NJ

SCHEDULE

7:00 a.m. Packet Pick-up & New On-Site Registration

8:30 a.m. 5K Run

8:40 a.m. 1 Mile Fun Walk/Run

9:15 a.m. Kids' Trot (12 years & under)

9:30 a.m. Awards Ceremony

COURSES

5K: Improved 5K Course with Runner Friendly Start, USATF Certified, Fast Loop on scenic residential streets, Water stop, Mile clocks, 500 USATF-NJ Grand prix points. **1 Mile:** Easy and flat out and back on part of the 5K course **Kids' Trot:** Kids 12 & younger sprint varied distances on the lawn at Ginty Field.

AWARDS & SCORING

5K Awards: Top 3 overall winners (male & female)

Top 3 age group winners (m/f - 5 year)

Ages 14 & under, 15-19, 20-24, 25-29, etc. up to 85+

Scoring & Timing: Best Racing System, B-Tag technology Both Gun & Chip time provided; Awards by Gun time

Results: www.bestrace.com

Kids' Trot: Ribbons to all participants

AMENITIES: DJ, Refreshments, Turkey Tee & Awards!

GPS ADDRESS/DIRECTIONS:

49 Woodland Ave., Morris Twp, NJ (Police HQ next to field) From 287: Take exit 35 onto South St. (Northbound - right at light; Southbound - bear right on Madison, left at light) Turn left on Woodland Ave., Ginty Field is 1/4 mile on right. Follow "Parking" signs and officials

CONTACT & REGISTRATION

For event information, call Sports A/R at 908-245-3000. Register online via www.morristownshipturkeytrot.org with credit card or via mail by check.

SPONSOR OPPORTUNITIES ARE AVAILABLE!

Your investment in the Trot will help us raise even more funds while gaining great exposure for your business.

Visit www.morristownshipturkeytrot.org

Or call 973-538-8049 x211 for details.

I am participating in the 10th Annual Morris Township
Thanksgiving Day Turkey Trot to raise funds to support the
Interfaith Food Pantry and Literacy Volunteers of Morris
County. Will you help me with a tax-deductible contribution?

Partici	nant	Name
a u uci	parit	Name

Sponsor Name & Address	Amount	Matching Gift?
	+	+
	1	
	_	_

Make checks payable to your choice: Literacy Volunteers of Morris County or Interfaith Food Pantry.

DID YOU KNOW?

There are currently 32 million adults in the U.S. who can't read. In addition, 1 in 6 people will face hunger at some point in their lives.

YOU CAN MAKE A DIFFERENCE START FUNDRAISING NOW!

You can help us feed and educate more people by asking your friends, family and colleagues to sponsor your walk or run. Even kids can help! Use the form to the left to track your sponsors or walk or run.

Donations are fully tax-deductible. Just \$50 is enough to purchase a full set of workbooks and audiotapes for a student or purchase enough food to feed a family of four for a month.

Create your own fundraising page and share through your social media network at www.morristownshipturkeytrot.org



The Literacy Volunteers of Morris County promotes increased literacy and fluency in English for adult learners through the use of dedicated, trained volunteers and support staff. Each year our more than 350 tutors

help almost 1,000 individuals improve their ability to read, write and speak English, so that they are able to work, raise their children and live healthy, independent and productive lives.

www.lvmorris.org

The Interfaith
Food Pantry is a
community of
neighbors helping



neighbors, committed to ending hunger and supporting self-sufficiency. In 2015, we distributed nearly a million pounds of food, which provided assistance to more than 9,600 low income working people, seniors, the disabled and others in crisis. This was done with the support of our incredible volunteers who donated over 25,000 hrs. of service, our staff and through the many food and financial contributors who made our work possible.

www.mcifp.org