

2014 ENTRY FORM - ONE FORM PER PERSON

Event: []5K []1 Mile Walk/Run []Kids' Trot

First Name _____ Last Name _____

Gender _____ Date of Birth _____ Age (on race day) _____

Address _____

City, State, Zip _____

Phone _____ Email _____

2014 USATF-NJ# _____

Adult Sizes: []Sm []Med []Lg []XL []XXL
 Youth Sizes: [] Medium [] Large
 T-Shirts are guaranteed to the first 2,500 registrants

5K by 11/19 (mail), 11/25 (online) \$30 \$ _____
 5K USATF-NJ (by above dates) \$27 \$ _____
 5K on event day \$35 \$ _____
 1M by 11/19 (mail), 11/25 (online) \$25 \$ _____
 1M on event day \$30 \$ _____
 Kids' Trot (12 and under) \$10 \$ _____
 Please accept my tax-deductible donation: \$ _____
 Total Amount Enclosed: \$ _____

Checks payable to Interfaith Food Pantry
 Mail to: 253 W. Westfield Ave., Roselle Park, NJ 07204
 Must be postmarked by 11/14/2014

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against LVMC, IFP, Twp. of Morris, Morris County Parks Commission, Sports A.R., LLC and any and all parties, groups, organizations, volunteers, sponsors, and/or any representatives involved in the Morris Twp. Thanksgiving Day 5K/1M Turkey Trot events for any and all injuries that may be suffered by me in this event. I certify that I am physically able to participate in this event. I agree to abide by and cooperate with the race officials' instructions & decisions. I understand safety is the top priority of this event: dogs, other pets, in-line skates, skateboards, bicycles, baby joggers, and similar devices are not allowed on the course, and my entry fee is non-refundable for any/all reasons including unavoidable event cancellation/rescheduling. By providing my email address I agree to receive emails regarding this or similar events by LVMC/IFP/Sports A/R. I grant full permission to use any photos, video, recording, or other record of my attendance at this event for legitimate purposes without compensation or remuneration.

Signature (parent if under 18) _____ Date _____

The Interfaith Food Pantry
 and Literacy Volunteers of Morris County's
 8th Annual Morris Township Thanksgiving Day 5K
TURKEY TROT
 & 1 MILE FUN WALK/RUN

The Interfaith Food Pantry
 2 Executive Drive
 Morris Plains, NJ 07950



Thank you to our Title Sponsor



presents

**The Interfaith Food Pantry
 and
 Literacy Volunteers of Morris County's**

**8th Annual Morris Township
 Thanksgiving Day 5K**

TURKEY TROT
 2014
 & 1 Mile Fun Walk/Run
 to fight hunger and promote literacy



Thursday November 27, 2014
 5K - 8:30a.m. 1M - 8:40a.m.
 Kids' Trot - 9:15a.m.
 Ginty Field Complex, Woodland Ave.
 Morris Township, NJ

5K Run & 1 Mile Fun Walk/Run
 Kids' Trot on the Lawn
 Turkey Tee - DJ Entertainment - Refreshments
 5K Awards
 500 Point USATF-NJ Grand Prix



The Interfaith Food Pantry
and Literacy Volunteers of Morris County's
8th Annual Morris Township Thanksgiving Day 5K

TURKEY TROT

& 1 MILE FUN WALK/RUN

www.morristownshipturkeytrot.org

DATE & LOCATION

Thursday, November 27, 2014 ****RAIN OR SHINE****
Ginty Field Complex, Morris Township NJ

SCHEDULE

7:00 a.m. Packet Pick-up & New On-Site Registration
8:30 a.m. 5K Run
8:40 a.m. 1 Mile Fun Walk/Run
9:15 a.m. Kids' Trot (12 years & under)
9:30 a.m. Awards Ceremony

COURSES

5K: Improved 5K Course with Runner Friendly Start, USATF Certified, Fast Loop on scenic residential streets, Water stop, Mile clocks, 500 USATF-NJ Grand prix points.
1 Mile: Easy and flat out and back on part of the 5K course
Kids' Trot: Kids 12 & younger sprint varied distances on the lawn at Ginty Field.

AWARDS & SCORING

5K Awards: Top 3 overall winners (male & female)
Top 3 age group winners (m/f - 5 year)
Ages 14 & under, 15-19, 20-24, 25-29, etc. up to 85+
Scoring & Timing: Best Racing System, B-Tag technology
Both Gun & Chip time provided; Awards by Gun time
Results: www.bestrace.com
Kids' Trot: Ribbons to all participants

AMENITIES: DJ, Refreshments, Turkey Tee & Awards!

GPS ADDRESS/DIRECTIONS:

49 Woodland Ave., Morris Twp, NJ (Police HQ next to field)
From 287: Take exit 35 onto South St. (Northbound - right at light; Southbound - bear right on Madison, left at light)
Turn left on Woodland Ave., Ginty Field is 1/4 mile on right.
Follow "Parking" signs and officials

CONTACT & REGISTRATION

For event information, call Sports A/R at 908-245-3000.
Register online via www.morristownshipturkeytrot.org
with credit card or via mail by check.



I am participating in the 8th Annual Morris Township Thanksgiving Day Turkey Trot to raise funds to support the Interfaith Food Pantry and Literacy Volunteers of Morris County. Will you help me with a tax-deductible contribution?

Participant Name

Sponsor Name & Address	Amount	Matching Gift

Make checks payable to your choice: Literacy Volunteers of Morris County or Interfaith Food Pantry (splitting is okay!)
Funds will be donated directly to the charity you choose.

DID YOU KNOW?

There are currently 32 million adults in the U.S. who can't read.

In addition, 1 in 6 people will face hunger at some point in their lives.

You can help us feed and educate more people by asking your friends and colleagues to sponsor your run or walk. Donations are fully tax-deductible. Use the form to the left to track your sponsors, or go to race website at www.morristownshipturkeytrot.com to create quick and easy fundraising pages you can share via email or your favorite social media page! You can even start right now with your smartphone by scanning the codes below!

www.morristownshipturkeytrot.org



The Literacy Volunteers of Morris County promotes increased literacy and fluency in English for adult learners through the use of dedicated, trained volunteers and support staff. Each year our more than 350 tutors help almost

1,000 individuals improve their ability to read, write and speak English, so that they are able to work, raise their children and live healthy, independent and productive lives.



www.lvamorris.org



Interfaith Food Pantry
Serving Morris County

The Interfaith Food Pantry provides emergency and

supplemental food to Morris County residents in need. They pantry currently distributes on average 1.7 tons of food per day and provides assistance to more than 10,000 people per year. This is made possible by food and financial donations and the work of over 300 volunteers. In addition to providing opportunities for neighbors to help neighbors, the Pantry educates the public about the issue of hunger in our area.



www.mcifp.org