

HARRINGTON PARK SPORTS BOOSTERS

10th ANNUAL Fall Spectacular 5K RUN/WALK SATURDAY, November 19, 2011

Harrington Park has long been acknowledged as a compassionate and involved community and that reputation is embodied in the Annual 5K Run/Walk which is celebrating our 10th Anniversary this year. The race begins at 10 am, Saturday November 19, a USATF-NJ (500 point recognized event) and we're also again having a Kiddie Dash for those children 8 and under beginning at 9:15 am. This new later date from prior years is ideal with the opportunity for the best racing conditions.

Community:

Harrington Park is a diverse family oriented community in the Bergen County area of Northern Valley New Jersey, about 5,000 residents of all ages surrounded by the towns of Closter, Old Tappan, Emerson, Haworth, Demarest, Cresskill, Tenafly, Westwood, Northvale and Norwood representing a population of 75,000. This race attracts runners from the entire area looking to race seriously, while enjoying the scenic neighborhood course to raise money for great causes.

Charitable background:

Community Parks Project originally started and ran the HP 5K race for the past nine years and over the years they have raised money to:

- Rebuild three town parks
- Add a walking/running track at Highland Field and an exercise circuit at the Harrington Park School.
- Support victims of Hurricane Katrina by donating the entire proceeds of the 2005 race.

Harrington Park Sports Boosters is now taking the leadership role of the race. The organization was established over five years ago and its mission is to raise funds to support and improve Harrington Park's recreation facilities and programs.

This year the race has taken on a new focus and is looking to expand its giving mission. We have designated proceeds to support the following:

- *Boys & Girls Club of Lodi which suffered severe damage to its facilities from Hurricane Irene.*
- *2 College Scholarships (male and female) for graduating Harrington Park High School Seniors.*
- *Support necessary additional town recreation programs and facilities benefiting the entire community.*

This highly visible community event crosses to other town organizations as well. Boy Scout Troop 616 provides a Homemade Spaghetti Dinner on Friday, November 18th from 6-8 pm during race registration hours. The cost is \$8.00 per person; \$6.00 for Seniors and Race participants; and Children under 10, all Veterans and First Responders are free. The location is conveniently located at St. Andrew's Church in Harrington Park. Local Girl Scouts attend water stations and a local DJ brings music.

Sponsorships, donations and services are greatly appreciated to allow for the maximum donation to the race causes. Harrington Park Sports Boosters is a 501-3 (C) organization.

Awards and Prizes:

Every entrant, while supplies last, will receive a commemorative 10th Anniversary T-shirt and a goody bag from our sponsors and donors.

While everyone is a winner and celebrated merely by their participation and assistance, recognition includes the following:

- Top 3 overall Male and Female
- Top 3 Male and Female per age group beginning at age 9 and under up to age 80+ in 5 year increments
- Top 3 finishers Male and Female from the Harrington Park
- Top 3 Male and Female student finishers from Harrington Park School (K-8)
- Top Male and Female finishers from the Harrington Park Running Club
- Fastest Family award

Of special note are the *Gordon H. Wolfe Awards*, honoring the memory of a local runner and race supporter, with a trophy and name on a perpetual plaque displayed in the HP library to the 1st Place Harrington Park male runner. Additionally, the *Gordon H. Wolfe Awards* are also given to the first place boy and girl from the Harrington Park School. Each will receive a special trophy and a \$50 savings bond from the Wolfe family.



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The Basics:

Registration:

- On-line: www.HP5K.com or www.active.com
By Mail: Harrington Park Sports Boosters
PO Box 83
Harrington Park, NJ 07640
In person: HP Borough Hall Race Day and Friday Night 5-8 pm. Race packets and run numbers available for early pick-up.

Start & Finish:

Harrington Park Borough Hall
85 Harriot Ave, HP, NJ
Rain or Shine

Schedule of Events November 19:

8:00 am – Check-in begins
9:15 am – Kiddie Dash (8 and under)
10:00 am – 5K Run/Walk begins
11:00 am – Awards Ceremony

Entry Fees:

Pre-registration - \$20 (up to 11/12)
USATF-NJ Members - \$18
Students 14 & under - \$15
11/13 to Day of Race - \$25
Students 14 & under - \$20
Kiddie Dash 8 & Under - \$5

HP 5K Information and Sponsorships:

Scott Litchfield, 201 913-6276, scottlitchfield1@gmail.com
Stella Farrell, 201 750-9585, stellaf20@aol.com
Mary Dunlea, 201 450-2043, jdunleav5@aol.com

Boy Scout Troop 616 Annual Homemade Spaghetti Dinner:

Anthony Venezia, 201 768-8815, venezia132@optonline.net