

# Our Sponsors



Harrington Park 5K Fall Spectacular

PO Box 83

Harrington Park, New Jersey 07640

# Harrington Park 5K Fall Spectacular

USATF Certified Course & Sanctioned

Benefiting  
 HP Volunteer Ambulance \* HP Fire Dept  
 HP Public School \* HP Library  
 Scholarships & Community

**Saturday November 12<sup>th</sup> 2016**  
**Harrington Park ❖ New Jersey**  
[www.hp5k.com](http://www.hp5k.com)



**RAIN OR SHINE**



## Fall Spectacular

**Events:** 5K "Fall Spectacular" Run & Walk  
 Mile Fun Run (ages 9 and under)  
 Kiddie Dash (ages 6 and under)

**Course:** The 5K course is a USATF Certified "relatively flat" road course with two waters stops through Scenic Harrington Park.

**Location:** Harrington Park School  
 191 Harriot Avenue, Harrington Park, NJ

**When: **Saturday, November 12, 2016****

- 8 am Same Day Registration
- 9 am Kiddie Dash
- 9:15 am Mile Fun Run
- 10 am 5K Run & Walk Start
- 11 am Awards

**Questions:** Email us at [andalex@optonline.net](mailto:andalex@optonline.net)

**Website:** [www.hp5k.com](http://www.hp5k.com)

**Course Map:** Available on our website

## Registration


**Mail:** HP Sports Boosters  
 PO Box 83  
 Harrington Park, NJ 07640

**On-line:** [www.hp5k.com](http://www.hp5k.com) or  
[www.bestrace.com](http://www.bestrace.com)

**In-person:** HP School, Friday, 11/11 (5 – 8 pm)  
 Race Day 11/12, 8am, HP School Gym

**RAIN OR SHINE**

## Amenities

- Long sleeve "tech tops" to the first 500 pre-registrants, and while supplies last, for the 5K
- Cotton T-shirts for all Mile Fun Run and Kiddie Dash participants
- **Large Warm Gym for Pre-Race & Awards**
- Clean Indoor Restrooms (No Portable Units)
- Coffee, Bagels, Fruit Cornucopia
- Well established course, water stations at 1<sup>st</sup> and 2<sup>nd</sup> Mile Clocks
- Ample Parking – HP Borough Hall, OLV Church, Community Church, St Andrews Church
- For a nominal charge there is a Pasta Dinner Friday Night sponsored by Boy Scout Troop 616  
 (More info on our website) 

## Awards

- Top 3 M & F Overall
- Top 3 M & F per age group in 5 year age groups, 9 & under through 85+
- Top 3 M & F HP Residents
- Top M & F HP School (K-8) Students
- Top 3 HP Fastest Families (using aggregate of immediate family 3 fastest times)

## Fees

	<u>Postmarked by 11/5</u>	<u>After 11/5</u>
Adult	\$ 25	\$ 30
USATF-NJ Members	\$ 22	\$ 27
Students 14 & Under	\$ 20	\$ 25
Mile Fun Run 9 & Under	\$ 10	\$ 10
Kiddie Dash 6 & Under	\$ 5	\$ 5

Make checks payable to: **Harrington Park Sports Boosters**

## Fall Spectacular Official Entry Form

The HP5K Fall Spectacular is open to all abilities: racers, runners, slow joggers and walkers

Event:  5K  Mile Fun Run  Kiddie Dash

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: \_\_\_\_\_

e-mail: \_\_\_\_\_

Age (on 11/14/2015): \_\_\_\_\_ Sex (M/F) \_\_\_\_

Date of Birth (MM/DD/YYYY) \_\_\_\_\_

USATF-NJ # \_\_\_\_\_

HP School Student? Yes

HP Fastest Family Team Member? Yes

T-shirt size for 5k participants (Circle your choice):

Men's sizes: XS S M L XL XXL

**\*\*\*\*\* Sign the Waiver \*\*\*\*\***

In Consideration of this entry being accepted, I hereby for heirs, executors, administrators, and myself waive any claims that I may have against Harrington Park Sports Boosters, Borough of Harrington Park (HP), HP Volunteers Ambulance Corp, HP Police Dept., HP Board of Education, HP School or their representatives, successors, or assignees for any injuries that may be suffered by me in this event. I certify that I am in physical condition for this event.

Signature: (parent or guardian if under 18)

\_\_\_\_\_ Date \_\_\_\_\_