











& FARMER'S MARKET 5K RUN

To Benefit: Cornerstone Playhouse Community Theater at its best!

Saturday September 10, 2011 37 Plains Rd. Augusta, NJ



8:30 a.m. Duathlon Dash Start (Rain or Shine) 10:30 a.m. 5K Run & Roller Race

Top Three Overall Male/Female receive Awards - Top Two 10 year age groups receive medals Duathlon, Roller Race and 5K participants receive tshirt and great goody bag while supplies last. Packet Pickup is at 155 Route 23 North Sussex Bike on Friday Sept. 9th 5:00 - 8:00 p.m.

Duathlon Dash \$50 early Registration (Received by August 1)

\$60 Regular Registration (Received by Aug. 30) \$70 Late Registration (Received through Sept. 10) Co-ed Teams of Two - Save \$5 each person

Roller Race \$25 through Race Day

5K Run/Walk Early Registration: \$20 (Received by September 8) Regular Registration \$25 (Received through Race Day)

A One - Day \$10 Insurance card will be included with all Duathalon Entries and is required for participation. A 2011 Usa Triathalon card presented at registration, will allow for a \$10.00 discoun upon arrival.

Online Registration, directions visit: www.Raceform.com/duathroller or call 973-222-8748

Chip Timing for Duathlon by Best Racing Systems	Shirt size M L XL	RACE FORUM
Duathlon IndividualTeam Duathlon(1 Runner and 1 Biker)	5K Run/ Walk Roller Black	de/ Skater
Age on Race Day Birth date/MaleFemale	ale	Bib #
Single Entry Last Name	First Name	
Street City, State		Duathlon Individual \$
PhoneE-mail		Team Duathlon entry \$
(2)Person Team Names/		Rollerthon \$
ENCLOSED PAYMENT: Cash Check	Check #	5K Run/ Walk \$

In Consideration of your acceptance in the Duathlon Dash and Farmer's Market 5K Run / Roller Race, I the undersigned, intending to be legally bound, hereby, for myself my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless, any sponsoring organization (Main Street Marketing & Events , Sussex County Fairgrounds, Township of Frankfurt, Sussex County, Cornerstone Playhouse, and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to Main Street Marketing & Events to use photos that my include myself for promotion and publicity: and understand that if the event cannon be held due to an act of God or circumstances beyond control, the Duathlon Dash and Farmer's Market 5k Run/ Roller Race event is not liable to refund and money paid by me to participate. With my signature, I acknowledge that I have read accept these terms under which my entry is made.

* I understand that I must be properly equiped for this event.

Signature	Date	Checks payable to: Main Street Marketing &Events
(Parent or Guardian if Under 18 Years)		P.O Box 863 Sparta, NJ. 07871