



Winters End



5 Mile Road Race & 3k Junior Championship

Rahway River Park, Rahway, NJ March 18, 2006

5 Miler - 10:10am 3k Junior Championship - 10:00am

**Chicken Soup
& Crackers!**

DJ- Music
Prizes
Refreshments



Cash Drawing

FEES

5M Run Pre-Entry (03-17-06)

\$18 With Shirt
(\$2. Discount to USATF Members)

5M Run Post-Entry

\$20 With Shirt
While Supplies Last

3k Junior Championship

PRE-ENTRY \$15 With Shirt
POST-ENTRY \$20 With Shirt

AGE GROUPS / AWARDS

5M Run - First 3 Overall Finishers Male & Female
Top 3 Finishers In All Age Divisions
14 & Under, 15-18, 19-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

3k Junior Championship - First 5 Boy & Girl Finishers
Bantam 10 & Under - Midget 11-12 - Youth 13-14
High School 15-18 Age Based of Event Date



Series



New Jersey
Grand Prix Event
500 Points

Register Online at

PracticeHard.com
No Processing Fee

Directions From Parkway

Get Off At Exit 136 (From South - At Exit Turn Right)
(From North - At Exit Make Right Then Make U Turn At 1st Light)
Go Straight Approx. 1/2 Mile. On Right Look For Sign For
Rahway River Park. Make Right. Then Make 1st Left At Fork In Road.
Go Straight (Approx. 1/2 Mile) To Stop Sign. Cross Street Into Main Park.

CONTACT - 908-245-3000

Winters End 2006

Make Check Payable & Mail To:
Sports A/R WintersEnd - 546 E. Curtis St. Linden, NJ 07036
Or Register On Line at www.Practicehard.com

LAST NAME			
FIRST NAME			
BIRTH DATE	AGE	SEX	
EVENT Circle One	5 Miler	3k Junior	

STREET			
CITY			
STATE	ZIP		
PHONE			
2006 USATF#			
E-MAIL			
Shirt Size			
YM YL M L XL XXL			

In consideration of this entry being accepted I hereby for myself, heirs, executors and administrators waive and release any claims I may have against any and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any Representatives involved in The Winters End Road Races for any and all injuries suffered by me in this event. I certify that I am physically able to compete in this event.

SIGNATURE

DATE

SIGNATURE OF PARENT IF UNDER 18

