



ALL DIRECTIONS ARE GIVEN RELATIVE TO THE RUNNING DIRECTION.

Start: On Park Ave., 59 feet 4 inches south of utility pole 6194V on the left and in front of house #143 on the right.

Mile 1 (First Loop): On park path on west side of lake, 12 feet after lamp post 1820 which is on the left.

Mile 2 (Second Loop): On park path on east side of lake, 39 feet after lamp post 1805 which is on the left.

Mile 3: On park path on east side of lake, 33 feet after lamp post 1841 which is on the left.

Finish: On park path, in line with the trailing edge of the last large rock on the right in front of the south end of the Boat House and 21 feet 4 inches before (North of) the storm drain past the Boat House on the left side of the path.

Course Notes: The course starts on Park Ave. running North to a left onto Manor Road. Runners take the first path to Verona Park on the right by the Tennis Courts and Playground. Runners cross the road perpendicular to traffic flow and make a 90 degree left turn onto the path by the road. Runners run approximately two clockwise loops around the lake taking the outer path by the main park road. On the final loop to the finish runners bear right to take the inner path by the lake on the east side and run on the wide path directly in front to the boat house to the finish.

