

# 1st ANNUAL ST. JOSEPH'S GRADE SCHOOL

# Classic

5K RUN/WALK



## DATE:

Saturday, October 29th, 2011 (Rain OR Shine)

## PLACE:

St. Joseph Grade School  
711 Hooper Avenue, Toms River, NJ

## TIMES:

Fun Run (1 mile): 9:30 AM  
5K (walkers welcomed): 10:00 AM

## REGISTRATION:

SJGS Gym  
Friday 10/28: 6:00 PM - 8:00 PM  
Saturday 10/29: 8:00 AM  
(t-shirt, race bag and race number pick-up at these times)  
24/7 On-Line Registration: <http://register.bestrace.com>



## ENTRY FEES:

\$20 - "Early Bird" (postmarked prior to 10/8/11)  
\$25 - After 10/14/11 and on Race Day

Course: Flat with some hills through scenic Toms River.

\*\*Official Race Shirt guaranteed to all "Early Birds," after that, while supplies last.

Race clinic every Thursday @ 6:30 PM - MonDon Track (Starting 9/22-10/27).

PLEASE BRING a canned good to donate to the St. Joseph Food Pantry

Any questions, please contact: [bzuhowski@aol.com](mailto:bzuhowski@aol.com)

*"They that hope in the Lord  
will renew their strength, they  
will soar as with eagles' wings;  
They will run and not  
grow weary, walk and not  
grow faint.*

ISAIAH 40:31

Print Name: \_\_\_\_\_ Age: \_\_\_\_ Sex: \_\_\_\_ Male \_\_\_\_ Female  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
E-Mail: \_\_\_\_\_ Shirt Size: \_\_\_\_ Med. \_\_\_\_ Large \_\_\_\_ XL \_\_\_\_ Youth Ig. \_\_\_\_ Youth Med.

Check one race per entry: \_\_\_\_\_ 5K - OR- \_\_\_\_\_ 1 Mile Fun Run

*I know that running is a potentially hazardous activity and I should not enter and run unless I'm medically able and properly trained. I assume all risk associated with running this event including but not limited to falls, contact with other participants, the effect of the weather, traffic, other conditions of the course and all such risks being known to me. Having read this and knowing these facts & in consideration of accepting my entry, I, myself & anyone entitled to act on my behalf, waive & release St. Joseph Grade School Parish, School & PTA, the Township of Toms River, all race volunteers, & all sponsors, their employees, representatives, & successors from any claims and liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further, I grant to all foregoing, the right to use any photographs, motion pictures, recordings or any other record of this event*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If under 18-Parent/Guardian must sign

**Make Checks payable to: "SJGS PTA" Attn: Spartan Classic 5K, 711 Hooper Ave., Toms River, NJ 08753**