



3rd Annual

Sponsored by The Academy of Sussex County Catholic Schools

Saturday, September 18, 2010

Pope John XXIII High School
28 Andover Road, Sparta, NJ 07871

9:00 Fun Run/Walk
9:30 5K Run

USATF-NJ Athletes save \$2.00
If registered by Sept. 8, 2010

Awards Given to
Top Three Male and Female Runners
Additional Awards given for various age groups 7-70+

Runners Receive T-Shirts while supplies last

Registration Fees:

Early Registration (Register by September 3rd)	\$20.00
Regular Registration (Register Sept 4-Sept 15)	\$25.00
Late registration (Sept 16th through race day)	\$30.00
Fun Run (Pope John High School Track)	\$10.00

“Academy” Students and Teachers rate is \$15.00 if registered before Sept. 10th

ONE RUNNER/WALKER PER FORM PLEASE

BIB#

Last Name _____ First Name _____
 Address _____
 City _____ ST _____ Zip _____
 E-mail _____ Phone _____
 Shirt Size: (circle one) Regular style: YL AL AXL Womens fitted style (runs small): AM AL AXL
 Age on Race Day _____ Date of Birth _____ Gender M F
 Are you currently a Sussex County Catholic School Student? Yes No
 School: (circle one) PJ IC RB SJ SM CA Grade: _____
 2010 USATF-NJ# _____ Grand Prix Scoring Only Est. FinishTime _____

Payment Enclosed: Cash _____ Check # _____
 Make checks payable to: “Academy of Sussex County Catholic Schools”
 Credit Card: Visa _____ MC _____ Amex _____ Total Amt. \$ _____
 Card # _____ Exp. _____ Signature: _____

5K Run Registration (7 Yrs+) _____
 Fun Run Registration _____
 Both Events (Same price as 5K) _____

For Office Use Only

In Consideration of your acceptance in the 5k Spirit Run, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless, any sponsoring organization, Sparta Township, Sussex County, Pope John High School, active.com and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to 5K Spirit Run to use photos that may include myself for promotion and publicity; and understand that if the Run cannot be held due to an act of God or circumstances beyond control, this not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature _____ Date _____
 Signature _____ Date _____
 (Parent or Guardian if under 18)

Online Registration available at www.Active.com
 Mail Applications to: Pope John XXII High School, 28 Andover Road, Sparta, NJ 07871
 Or submit application to any of the Academy Schools
 For more information, e-mail SpiritRun@hotmail.com or visit www.5Kspiritrun.com
Packet pick-up begins at 7:30 am on Race Day