

1st ANNUAL SACRED HEART 5K RUN & 1 MILE FAMILY FUN WALK

Saturday June 5, 2010

Check In 7:30 AM Race Time 9:00AM

Sacred Heart School
1 Sacred Heart Drive
South Plainfield, NJ 07080

Entry Fees: 5K Race \$20.00 for applications received by May 1, 2010
\$25.00 for applications received after May 1, 2010
\$25.00 on the day of the race
\$5.00 for students with valid school ID or report card copy
1 MileWalk \$10.00 per family or individual

*****Free T-Shirt to First 100 Paid Participants*****

Register @ www.sacredheartsp.net or mail completed application with check payable to Sacred Heart to the above address. Contact Info: Carl Adlassnig randcautobody@aol.com
908.757.1933

ENTRY FORM

Name (Last, First) _____ M/F _____ Age _____

Address _____

City _____ State _____ Zip Code _____

CIRCLE ONE: 5K Race / Fun Walk CIRCLE ONE: T-Shirt (Adult Sizes) S / M / L / XL

Signature _____ Date _____

Parent Signature (under 18) _____ Date _____

In consideration of this signed entry form being accepted, I the undersigned intend to be legally bound hereby, my heirs, executors and administrators, waive and release Sacred Heart Church and School, all race supervisors, workers, sponsors and volunteers for any and all injuries, including death, suffered by me in the said event. I verify that I am, and/or my child who is participating, is physically fit for the completion of this event.