



Saturday, March 15, 2014 Rutherford, NJ

Start & Finish:

Start and finish on Monona Ave. at Memorial Park Rain or Shine (chip timed)

Schedule of Events:

8:00 am -Check in begins; 10:00 am 5K begins 11:00 am Awards

Entry Fees:

Pre-registration- \$25.00 (pre-registration closes 3/8/14) Registration race day - \$30.00

Pre-registration USATF-NJ members - \$20.00 Pre-registration Rutherford residents - \$20.00 (pre-registration closes 3/8/14) Registration race day - \$25.00

Registration By Mail:

Michael Cassidy Memorial Fund P.O. Box 312 Wyckoff, NJ 07481

Questions:

Marilyn Cassidy 201-280-3748

Amenities:

(If under 18)

The first **500** registrants are guaranteed a t-shirt. **Post race refreshments and live music.**Race packets, t-shirts and run numbers may be picked up up at Rutherford High School on Fiday, March 14, 2014 between 5 and 8 pm.

Awards:

- Top 3 overall male & female
- Top 3 male & female per age group in 5 year age groups, 9 & under through 80+
- 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-80

Course:

Scenic Rutherford neighborhood; event sanctioned and course certified by USATF(Certification #NJ13558JHP)

Timing and Scoring by BEST Racing Systems. Race results will be posted at www.BESTrace.com and www.runsignup.com





ENTRY FORM (Make checks payable to: Michael Cassidy Memorial Fund)

Last Name:	First Name:	
Street Address:		
City:	State:	ZIP:
Phone:	Email:	
Date of Birth:	Age:	Sex: M F
Indicate T-Shirt Size: S_ M_ L_ XL_	USATF-NJ #	
WAIVER OF LIABILITY: In consideration for the acceptance of my edischarge the Borough of Rutherford, Rutherford First Aid Squad, USA Track and Field and all other sponsors or beneficiaries and the from or out of my participation in The 3rd Annual Michael Cassidy the terms and conditions of this release and intend to be legally be	and Rutherford Police Department, M neir representatives, successors and a SHAMROCK 'N' RUN 5K. I attest that I a	ichael Cassidy Memorial Fund, associated sponsors, volunteers, assignees for all claims for damages and causes of action arising
Signature:	Date:	
Parent Signature:		