

## City of Rahway Mayor Rick Proctor

## DEPARTMENT OF PARKS & RECREATION



#### **Presents**

## The 12th Annual Mayor's Trophy 5K Run One Mile Run/Walk & 100 yards Pee Wee Run Monday, May 28th, 2012

## \*\$1000 IN PRIZE MONEY\*



Monday, May 28, 2012 (Memorial Day - Rain or Shine)

Rahway City Hall Complex

3 City Hall Plaza, Rahway, New Jersey.

TIME:

9:00am 1 Mile Fun Run/Walk

9:30am Pee Wee 100m Run

9:45 Mayor's Trophy 5K Run & Wheelchair Athletes

COURSE: Out and back, Flat, Fast, Scenic. Traffic controlled,

Water stops, Mile splits.

TIMING: Digital clock and electronic timing. Computerised Results

AWARDS: Prize Money to the top three Open male and female.

(\$250-\$150-\$100) in the 5K (Runners Only).

Trophies to the top three in 10 year age group.

(Ages 13 and under 14-19, 20-29, 30-39, 40-49, 50-59, 60-69,70-79 and 80+) Trophies to the top three Rahway Residents & Wheelchair Athletes, Male and Female.

I MILE AWARDS: Trophies to the top three overall male and female REGISTRATION: Pre-registration 5K by May 18, 2012 - \$15:00

> Pre-registration 1 Mile by May 18, 2012 - \$ 12:00 Free for Pee Wee Runners. (Ages 6 and under) Post Registration: Mayor's Trophy 5K - \$20:00

Mile Fun Run & Walk - \$15:00

ALL MAIL IN REGISTRATIONS MUST BE POSTMARKED BY MAY 18, 2012

AMENITIES: Post race fruits, water etc.

Bathroom facilities inside the Recreation Center.









### OTHER SPONSORS

#### **ADL Technology Consulting Group**

(Electronic Installations and Designs of Video Surveillance System)
Email: eyeson1@aol.com phone: 917-273-7057



# RUNNERS

## DIRECTIONS TO THE RACE & ENTRY FORM ONLINE GO TO - www.cityofrahway.com

Directions: From Garden State Parkway (GSP) Southbound: Take exit 135 (Clark, Westfield), follow signs for Brant Ave., Rahway. Turn left at the traffic light onto Westfield Ave. Go approximately 1.5 miles, cross over St. George's Ave. and turn right at the traffic light onto Irving St. Go to the next stop sign, turn left onto East Milton Ave. Go to next light (Rahway Post Office & City Hall) make right onto Main St. Make left onto City Hall parking lot, Recreation Center is forward on the opposite side of parking lot.

Directions: From Garden State Parkway (GSP) Northbound: Take exit 135 (Clark, Westfield), and immediately bear right onto Brant Ave. Turn left at first traffic light (Westfield Ave.) and proceed as above.

New Jersey Turnpike: North and Southbound: Take exit 12 (Carteret/Rahway) and follow signs for Route 1/Rahway head West on Roosevelt Ave., which turns into Randolph Ave. Turn right at the traffic light onto Woodbridge Road. At the next light, turn left onto East Hazelwood Ave. Turn right at the next light onto Main St. Go through the following light make right into Rahway City Hall, Recreation Center ahead opposite side of parking lot.

Route 1 South: Follow Route 1 South pass Merck & Co., make right at traffic light (E. Milton Ave.). Go through next traffic light (E. Milton & Lawrence Sts.) Over small bridge Recreation Center on the left, make left into parking lot (before Police Department).

Route 1 North: Follow Route 1 North (Avenel, Rahway) passed Sansone Car Dealership, stay in right lane and exit off ramp. Stay in left lane make left at the stop sign (W. Hazelwood Ave.) Continue to first traffic light (Main St.) Make right, pass Center Circle Indoor Facility, make right into City Hall parking lot, Recreation Center is straight ahead.

#### BY PUBLIC TRANSPORTATION:

**ENTRY FORM** 

Signature:

By Bus from Port Authority, New York City: Take the #115 Bus (New Jersey Transit) to Rahway. Ask the Bus driver to let you off at Rahway Post Office or Rahway City Hall. Or Path Train to Newark Penn Station then the 62 Bus (Woodbridge) get off at Rahway Post Office or Rahway City Hall.

By Train from New York City 34 Street (Penn Station) or Newark Penn Station: Take the New Jersey Transit train outbound (New York - Newark to Trenton) and get off at Rahway Station. The race starts a block from Train Station.

_ast name			Sex	Age	9	Birthdate Zip	
Address: Street			City		State		
	S	M L XL	_	One Mile	5K	Wheelchair	Pee Wee
(Area code) pho	ne number (T-sh	t size - Po	ost Regis	stration while	supplies	s last)	
Make checks payo	able to City of Rahw	y and mai	il to Rahw	vay Recreation	ı 3 City H	Iall Plaza, Rahw	ay, NJ 07065
JSATF, sponsors and their repearticipating in the race. I do how the other persons or objects for the right to authorize the foregents, having read it in full and	s entry being allowed to participal resentatives, entertainers at the evereby grant and give these groups or any and all purposes including oing using and do hereby agree to acknowledging by my signature d to participate in this race and I	at, and successors the right to use my that to limited to p told the City of Ra at I am bound by	from any claim or my child's porivate or public ahway harmless the provisions h	by me or my family, es hotographs, image or vi presentations, advertisi I have signed the relea- erein. I understand and	state, heirs or ass ideo with or with ng, publicity and ase freely and vo- intend that I wil	signs, for injury or damage we hout my child's name both s d promotions relating thereto duntarily and with a full und l be legally bound by it. I als	which may occur to my ingle or in conjunction of I warrant that I have derstanding of its con-

Date:

EMAIL:

**Participant** 

Parent

Guardian