

## LEGS AGAINST ARMS VIII Entry Form

Please make copies as needed

**\*\* Register online by 4/4/14 at [www.legsagainstarms.info](http://www.legsagainstarms.info) \*\***

– or –

Make checks payable to **PSR** and mail\* with signed entry to:

Legs Against Arms VIII

P.O. Box 1552, West Chester, PA 19380

*\*Note – must be postmarked by 3/28/14, otherwise register online by 4/4 or in-person on race day beginning at 7:30 A.M.*

Name: \_\_\_\_\_

Address/Apt: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_\_\_ Age (on race day): \_\_\_\_\_ Sex (circle one): M F

T-shirt (circle one): S M L XL  
 Size not guaranteed.

Event: 5k 5k Fun 1 Mile  
 Circle One Race Walk/Run Walk/Run

Running in Memory of (optional): \_\_\_\_\_

Team Name (optional): \_\_\_\_\_

**Check this box if you are the team captain:**

Description (circle one)	EARLY COST Postmark by 3/28 or online by 4/4	LATE COST In person on Race Day, 4/6
<b>Youth - 12 &amp; Under</b> No t-shirt / no scoring	FREE	FREE
<b>Youth - 13 to 18</b> Includes t-shirt / no scoring	\$15	\$20
<b>Adult - 19 &amp; Over</b> Includes t-shirt / no scoring	\$25	\$30
<b>5K Race – All Ages</b> Includes chip timing & t-shirt	\$30	\$35
<b>Donation</b> in support of anti-violence programs: \$ _____		
		<b>Total Enclosed:</b> \$ _____

WAIVER: I hereby waive all claims against Physicians for Social Responsibility, Arcadia University, Cheltenham Township, sponsors, contractors, volunteers, or any personnel for any injury I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running/walking in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; traffic; and the condition of the road, all such risks being known and appreciated by me. I grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event.

X \_\_\_\_\_  
**ENTRANT SIGNATURE** **DATE**

X \_\_\_\_\_  
**PARENT/GUARDIAN SIGNATURE (if entrant under 18)** **DATE**