

# PARK RIDGE ROTARY AND HALFWAY HOUNDS

## 5K RUN/WALK - SUNDAY 9/ 21/14

### Location:

Park Ridge Municipal Pool  
120 Colony Avenue, Park Ridge, New Jersey 07656

### Entry Fees (Non-refundable)

Online: \$25.  
Day of event: \$35.  
Children under 12: \$15.  
Children under 5: FREE

### Registration online:

<https://register.bestrace.com> until 9/12/14

\* Runners/Walkers that pre-register get tee shirt.



### Packet Pick Up:

September 15-19 at Voza Agency located at 77 Market Street, Park Ridge, N.J. between 8:30 -10:30 a.m. and 1-4:30 p.m.



### Course:

Certified and sanctioned 5 K on beautiful somewhat hilly local roads with water station on course. Race will start on Colony Avenue and end in Pool parking lot. NJ13545JHP

### Schedule:

9:00 a.m. Registration  
10:00 a.m. Run Start  
10:10 a.m. Walk Starts then Walk with Dogs

### Awards/ Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place Men/ Women in the following Race/ Timed Walk categories:

Under 14, 15-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

Visit [www.parkridgerotaryclub.org](http://www.parkridgerotaryclub.org) or [www.halfwayhounds.org](http://www.halfwayhounds.org) for more details.

-----Detach and Return---Checks payable Park Ridge Rotary, PO Box 265, Park Ridge NJ 07656-----

Name: \_\_\_\_\_

Address \_\_\_\_\_ City: \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_ Date of Birth \_\_\_\_\_

Gender:  Male  Female Runner \_\_\_\_\_ Timed Walker \_\_\_\_\_ Walker \_\_\_\_\_

Walking with Dog \_\_\_\_\_ T-Shirt Size (please circle one) Youth L -Adult Small Medium Large XL

Signature: \_\_\_\_\_

Guardian Signature if under 18 \_\_\_\_\_

- Please download waivers online and bring with you.
- ALL DOGS MUST HAVE RABIES VACCINE PAPERS WITH THEM THE DAY OF THE EVENT.