

# NORTH BRUNSWICK

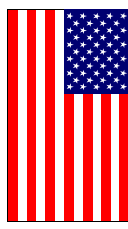


## 35<sup>th</sup> ANNUAL MEMORIAL DAY 5K RUN / WALK 5.26.14 @ The North Brunswick Community Park

In Honor of our Veterans

Donations of canned goods are being collected the morning of the run to support the North Brunswick Food Bank. Your support is greatly appreciated.

The Township of North Brunswick  
Department of Parks, Recreation & Community Services  
710 Herrmann Road  
North Brunswick, NJ. 08902



### 35<sup>th</sup> Annual Memorial Day 5K Run/Walk

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Day Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Date of Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_ Age on Race Day \_\_\_\_\_  
needed for placement into age categories

- Event
- 5 K Run  5 K Walk
- Shirt Size
- Small  Med  Large  X-Large

Register by May 3rd and receive \$5 off registration

# The Brunswick Cup

What: A series of 5k's (3.1-mile) races throughout the Brunswick area  
Where: All four Brunswick's: North, New, East & South  
When: May-November  
Who: Open to runners & walkers of all levels

The Brunswick Cup celebrates participants who complete 3 of 4 5K's in the race series.

The Brunswick Cup follows a longstanding tradition of welcoming runners to scenic, history-rich courses in New Jersey's Middlesex County to race the popular 5K (3.1-mile) distance. This four race series is open to runners of all levels and abilities, from first-timers, to experienced competitors and walkers as well. Whether you're a Brunswick native or just visiting from north or south Jersey and looking for a new challenge, the series can help you reach your goals and enjoy the journey.

The Brunswick Cup begins on May 26th with the 35th annual North Brunswick Memorial Day 5K, honoring all the veterans of war, followed by the Jimmy D Memorial on September 1st, in New Brunswick, honoring the memory of NB Deputy Fire Chief James D'heron. The third in the series is the John Ragone 5K in East Brunswick, taking place on Sunday, October 13th celebrating its 36th year, making it one of New Jersey's oldest runs. The 9th annual "Run with the Vikings 5k" on November 3rd is the final race of the series, starting and finishing at South Brunswick high school.

Each race runs through scenic neighborhoods & parks that capture the special characteristics of the town and offer glimpses of Central Jersey's beauty. The individual races and the series as a whole build strength, confidence, and experience for all participants.

Trophies will be awarded to the top 3 male and female over-all winners as well as top 3 in the masters category based on lowest cumulative times among 3 out of the 4 races. Additionally, every runner who completes three of four races earns a commemorative pint glass, which will be given out at the South Brunswick event.

No matter which of the races you choose to run, or how many, you'll build your stamina, get to know the Brunswick's, meet new friends and have fun!

[www.thebrunswickcup.com](http://www.thebrunswickcup.com)

## Race Information Monday, May 26, 2014

Race Location:  
North Brunswick Community Park  
Route 130 South, North Brunswick  
Check in : 7:30 am

**5K Run & Walk: Starts at 8:30 am**

**SHIRTS, PRIZES & AWARDS**  
(shirts guaranteed for pre-registered participants)

*Special Prizes donated by:*  
*The North Brunswick Baseball / Softball Association*  
*The North Brunswick Soccer Club*  
*North Brunswick Travel Basketball*  
*North Brunswick Adams A.C. Football*

A print out of your results will be mailed to your home.

For further information contact the  
Department of Parks, Recreation  
& Community Services  
732- 247-0922 ext. 475

Mail your registration with a check made payable to the:

**Township of North Brunswick**  
710 Hermann Road, North Brunswick, NJ 08902  
**Pre-Registered Participants are encouraged to pick up Race packets in advance on Wednesday, May 21st between 9:00am—6:30pm and Thursday, May 22nd from 9:00am—12:00pm at The North Brunswick Parks, Recreation, and Community Services Office 710 Hermann Road**

**Please Join Us in Honoring our Veterans During a Memorial Day Ceremony**  
**5.26.14**  
**Immediately Following the Race @ 10:30 am**

### Hold Harmless Release Form

**MEDICAL RELEASE:** I recognize that participation in contact sports and other activities may occasionally lead to injury. The most common injuries are abrasions, bruises, sprains, and strains. Less common injuries, but perhaps more serious, may occur. I hereby authorize emergency medical care for my child(ren) or myself. If, in the judgment of the staff, treatment is required for injury or illness, I hereby authorize the administering of anesthetics and recourse to other procedures deemed necessary by the attending physician. I recognize that I am financially responsible for any expenses for medical care or transportation incurred.

Doctor's Name: \_\_\_\_\_ Doctor's Phone: \_\_\_\_\_

**HOLD HARMLESS AGREEMENT:** I agree to abide by the conditions herein and agree to hold harmless, waive, and release any and all rights to claims for damages against the Department of Parks, Recreation & Community Services, Township of North Brunswick, North Brunswick Board of Education, its agents and employees, and other such individuals who may be involved in the planning and implementation of this/these programs.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Payment Method : Cash \_\_\_\_\_ Check \_\_\_\_\_ # \_\_\_\_\_ (For Office Use Only: Receipt Number - \_\_\_\_\_)

Credit Card: \_\_\_\_\_ Mastercard \_\_\_\_\_ Visa \_\_\_\_\_ Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_