

Non-Profit Org.
US Postage
PAID
Permit No. 2
Plainfield, NJ 07060

Mountain Top School
for Young Children
presents
the



MOUNTAIN TOP 10K
5K RUN FOR
WARREN'S
BICENTENNIAL

KID'S KARNIVAL

SUNDAY, JUNE 11, 2006

MT. HOREB SCHOOL
80 Mt. Horeb Road
Warren, New Jersey

RAIN OR SHINE!

Tasty post-race munchies
Sparkee, the Somerset Patriots mascot
Music and kid's fun
Individual and Team Awards

MOUNTAIN TOP 10K
5K RUN FOR
WARREN'S BICENTENNIAL

DATE & LOCATION

Sunday, June 11, 2006
Mount Horeb School
80 Mt. Horeb Road, Warren, NJ (732) 356-3313

SCHEDULE

7:00 a.m. Registration/Package Pick-up
8:30 a.m. Mountain Top 10K Run
10K Awards Ceremony to follow 10K Run
10:30 a.m. 5K Run for Warren's Bicentennial
5K Awards Ceremony to follow
Kid's Karnival throughout
Food, music, fun!

REGISTRATION

By mail or www.ACTIVE.com

SCORING AND RESULTS BY

www.bestrace.com

AGE GROUPS

10K - 19 and under, then 5 year increments to 75 and over
5K - 14 and under, then 5 year increments to 75 and over

ENTRY FEES

\$18 by June 5th
\$16 (USATF-NJ members) by June 5th
\$20 after June 5th and on race day
Virtual runner (T-shirt only) \$15

COURSES

10K - USATF-NJ certified. Scenic, challenging combination of flat and hills. Water stops, mile splits.
5K - USATF-NJ certified. Scenic, mostly flat course. Water stops, mile splits.

AWARDS

1, 2, 3 Overall and Age Groups,
Male and Female.
Team Awards.

AMENITIES

Video gait and Active Release Technique Analyses by Larkin Chiropractic
T-shirt
DJ
Post-race munchies and beverages
Sparkee, the Somerset Patriots mascot
Face painting, tattoos, and other fun for kids
Post-race massage by Larkin Chiropractic
Bag check available

INFORMATION

mzrace@oymp.net
www.oymp.net
or call (732) 381-0318



MOUNTAIN TOP 10K
5K RUN FOR
WARREN'S
BICENTENNIAL

Mountain Top School for Young Children
104 Mt. Horeb Rd., Warren, NJ 07059



MOUNTAIN TOP 10K

5K RUN FOR WARREN'S BICENTENNIAL

WHO BENEFITS

Mountain Top School for Young Children, in keeping with its current school year's theme of community and Warren's Bicentennial celebration, has chosen the Warren Rescue Squad as the primary beneficiary of this event.

The Squad was established in 1940 as an all-volunteer agency, and today the approximate force of 25 EMTs and drivers continues to serve the Township of Warren's community of 16,000. These dedicated men and women selflessly volunteer their time answering over 700 calls per year and undergoing extensive training.

The Squad has identified the need for various critical supplies to stock its building for use as an emergency shelter. The building is currently used on a daily basis, as well as during community emergencies, and future uses include providing temporary housing to citizens in the event of a disaster. Mountain Top School is pleased to be assisting the Squad in this capacity.

Mountain Top School for Young Children was founded in 1994 and has grown to be one of the premier early childhood schools in the metropolitan area. It is one of the few in the state that have received the highest level of accreditation from the National Association for the Education of Young Children (NAEYC). The

school provides a safe and loving environment for its young students. In addition to a teaching and administrative staff that is second to none, a committed group of wonderful parental volunteers help make the school the extraordinary facility it is.

DIRECTIONS

From Route 22 East or West: Take Warrentown Road exit and head north up the mountain. Proceed straight through light at large intersection at Washington Valley Road/Mountain Boulevard. Warrentown Road changes name to Mt. Bethel Rd. Go approximately 1/2 mile more on Mt. Bethel Road and make first left turn at light onto Mt. Horeb Rd. at DiNardo's Exxon/ Mobil station. Proceed to the Mt. Horeb School, 80 Mt. Horeb Rd, approximately 2.4 miles down on the left hand side. Follow parking instructions.

From Route 78 Westbound: Take Exit 36, Warrentown/Basking Ridge. Make left off ramp onto King George Road. King George Rd. becomes Mt. Bethel Rd. Go approximately 2.5 miles to DiNardo's Exxon/Mobil station and make right onto Mt. Horeb Rd. Proceed to the Mt. Horeb School, 80 Mt. Horeb Rd, approximately 2.4 miles down on the left hand side. Follow parking instructions.

From Route 78 Eastbound: Same as 78 Westbound above, but make right off exit ramp.

THANKS TO...

ROSELAND
PROPERTY COMPANY

Graphic Design compliments of Regina Services Corp.

ENTRY FEES

- By June 5th \$18
- After June 5th and on race day \$20
- USATF-NJ member (pre-registered only) \$16
- Virtual runner (can't join us, but want to lend your support? We'll mail you a t-shirt) \$15

T-shirt size (while supplies last) YL S M L XL



Waiver/release: In consideration of this entry being accepted, I hereby for myself, heirs, executors & administrators waive and release any claims I may have against any and all parties, groups, organizations, volunteers, sponsors, and(or) any representatives involved in the Mountain Top 10K, 5K Run for Warren's Bicentennial for injuries that may be suffered by me in this event. Further, I state that I am physically able to participate in this event.

Signature _____ Date _____

If under 18, signature of parent or guardian _____

INDIVIDUAL ENTRY FORM (ONE PER PARTICIPANT):

FOR TEAM APPLICATIONS, (WARREN BUSINESSES AND SCHOOLS ONLY) CALL 908-580-0878

Last name _____

First name _____

Street _____

City _____ State _____ Zip _____

Phone _____ Date of birth _____

Age on race day _____ 2006 USATF# _____ Race: 5K 10K

Email _____ Gender _____

Please make checks payable to Mountain Top School for Young Children and mail to: OYMP, PO Box 738, Clark, NJ 07066

MOUNTAIN TOP 10K
5K RUN FOR WARREN'S BICENTENNIAL