



## 5K Event Description

Walk.Run.Fun. P.G. Chambers School inaugural 5K event will be a great day for everyone of every ability level to run, walk, jog, and move, and most importantly, have fun. Whether you have been running competitively for years or this is your first time, this is the event for you. All proceeds will support innovations in special education and therapies at P.G. Chambers School. See you there!

## 5K Event Information

Date Saturday, June 22, 2013  
Location Central Park of Morris County  
91 Central Ave, Morris Plains, NJ

## Course Description

Cross-country running course with minor hills. Terrain includes grass, dirt, gravel, and pavement.

## 5K Registration

Register Online at:  
[www.chambersschool.org/events](http://www.chambersschool.org/events)  
\$30 Pre-Registration  
Last day to pre-register: June 15, 2013  
\$35 Registration after June 15, 2013  
and day of 5K

## 5K Race Awards

Top male and female overall in the following age groups: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and over

## 5K Schedule of events:

8:00am Registration/Check-In  
9:00am Runners/Joggers/Walkers are released  
9:30am Walk in their Shoes  
Children's Relay begins  
Award Ceremony immediately following the race

## Walk in their Shoes Children's Relay

**What:** Walk in their Shoes Children's Relay is a way for children to participate in this event by completing their own run to the best of their ability. The children's run course will have an accessible surface that will accommodate wheelchairs.

**Who:** For children with and without disabilities (and their families)

**How:** Either pre-register or register at the event

**Price:** Registration is free

## Additional Information:

All registered runners and walkers will receive a Walk.Run.Fun t-shirt

Light refreshments will be provided for all participants and guests

For additional information or questions, please contact Michael Thunell at [thunellm@chambersschool.org](mailto:thunellm@chambersschool.org) or at (973) 829-8484

## Sponsorship Opportunities:

For information regarding sponsorship opportunities, please contact Andrea Quigley at [quigleya@chambersschool.org](mailto:quigleya@chambersschool.org) or at (973) 829-8484

## 5K Registration Form

Please make checks payable to and mail to:  
P.G. Chambers School, 15 Halko Drive, Cedar Knolls, NJ 07927

Sex:  Male  Female T-shirt size: \_\_\_\_\_

I will be:  Running  Children's Relay

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Date of Birth \_\_\_\_\_

**Insurance Waiver:** In consideration of my acceptance as a participant in the P.G. Chambers School 5K Walk.Run.Fun, and intending to be legally bound, I hereby waive and release all rights and/or claims for damages I may have upon any cause of action, whether legal or equitable, for any and all injuries suffered by me in connection with said event and resulting in my bodily injury, death and/or property damage. I hereby further hold harmless any sponsoring organizations of the P.G. Chambers School 5K Walk.Run.Fun, all co-sponsors, their representatives, successors, agents, servants, employees and assigns. I represent that I am in good health and of sufficient training and experience to participate in the P.G. Chambers School 5K Walk.Run.Fun, and further, that my ability to participate and compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby assign all my right, title and interest in and to any photographs, videos or other likeness taken of me in connection with my participation in the P.G. Chambers School 5K Walk.Run.Fun, including, without limitation, any copyright I may possess, and I expressly permit the use of any such photos, videos or other likeness for promotion and publicity in connection with the event. I acknowledge and understand that if the run cannot be held due to an act of God or circumstances beyond the control of the sponsoring organizations, I shall not be refunded any money paid by me to participate. With my signature I acknowledge that I have read and agree to these terms under which my event entry is made. I make this waiver, release, hold harmless agreement, and representations for and on behalf of myself, my successors, assigns, heirs, executors and administrators, and/or as the lawful parent/guardian of a participating minor.

Signature \_\_\_\_\_ Date \_\_\_\_\_