

# HRC Fitness 2nd Annual



# Charity 5K

**Sunday, October 4, 2015**

## 5K / 1 Mile Walk

HRC Fitness is hosting its 2nd Annual Charity 5K Run and 1 Mile Walk. The 2015 beneficiary is GiGi's Playhouse Hillsborough, a local Down Syndrome Achievement Center.



Down Syndrome Achievement Centers  
educate. inspire. believe.

Hillsborough, NJ

## Fall Festival

12 to 4 PM

- Dash for Down Syndrome
- Seasonal food and treats
- Giveaways
- Inflatables
- Games
- Fitness demos
- Radio broadcast
- Spooky Studio
- Fall crafts and activities for kids
- Live music by *Tastes Like Chicken Band*

## Schedule

8:00am 5K check in  
9:00am 5K begins  
9:15am Walk begins  
9:45am Awards  
11:45am Dash for Down Syndrome check in  
12:00pm Festival begins  
12:15pm Dash for Down Syndrome begins



Register online at  
[Gigisplayhouse.org/  
Hillsborough/5K](http://Gigisplayhouse.org/Hillsborough/5K)

## HRC FITNESS



Do you need Service hours,  
or would you like to volunteer?  
Sign up at  
[signupgenius.com/findasignup](http://signupgenius.com/findasignup)  
Search by email address:  
[Hillsborough@gigisplayhouse.com](mailto:Hillsborough@gigisplayhouse.com)

## Race Details

**LOCATION:** 30 Brower Lane, (formerly 345 Amwell Road) Hillsborough, NJ 08844  
**RACE/WALK FEE:** Register by Aug 1 \$25; After Aug 1, \$30; Race-Day \$35 (race shirts limited).  
**COURSE:** The FLAT 5K course is USATF Certified and will take you through the autumn scenery that encompasses multiple neighborhoods of Hillsborough Township.  
**AWARDS:** Awards will be given for 5K only to M&F overall, M&F 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place in various age categories.  
**AMENITIES:** Racers registered by Sept 4 are guaranteed a race t-shirt and goodie bag provided by our race sponsors. All participants will receive post-race refreshments.  
**PARKING:** Details on available parking will be posted on our website.

# Fall Festival