

**Hasbrouck Heights Education Association
Presents
Rau-Fitzgerald 5K Run and Terlemezian 1 mile
Run and Family Walk
Sunday, April 18, 2010**

www.hhschools.org

Where:

Hasbrouck Heights High School
365 Boulevard
Hasbrouck Heights, NJ 07604

Entry Fees: \$50 per family maximum

5K Pre-Registration	\$18
5K Day of Race	\$20
5K Children under 18	\$10
1 mile	\$5
Kiddy Races	\$5



Schedule of Events

8:00 am	Check in
9:30 am	5K Run/Walk begins
10:15 am	5K Awards
10:30 am	1 mile walk/run begins
10:45 am	Kiddy races (Ages 2-8)

Amenities

T-shirts
Timing System
Post-Race Refreshments
Restroom facility
Plenty of Parking



Awards for 5K

Medals for top male and female
Medals for top 3 males and females in these categories:
18 and under 19-29
30-39 40-49
50 and over



For further information contact:

Barbara Christianson
201-288-1426
babsbiz@optonline.net

Please mail entry forms & checks to:

Barbara Christianson
365 Boulevard
Hasbrouck Heights, NJ 07604



Or sign up online at www.raceforum.com/Rau-Fitz

Make checks payable to Hasbrouck Heights Education Association

OFFICIAL ENTRY FORM Pre-Registration ends March 28

Last Name: _____ First Name: _____

Street Address _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____ Age: _____ Sex: **M/F**

Event: 5K / 1 mile / Kiddy Race

T-Shirt Size: S M L XL

In consideration of this entry being accepted, I hereby for Heirs, executors, administrators, and myself waive any claim that I may have against the Hasbrouck Heights Education Association and school district, Hasbrouck Heights Police Department, Volunteer Ambulance Corps or their representatives, successors, or assignees for any injuries that may be suffered by me in this event. I do hereby certify that I am in physical condition for this event.

Signature _____ Parent Signature (if under 18) _____ Date _____

Direct Link to Online Registration RaceForum.com/Rau-Fitz No Searching