

THANK YOU TO OUR GENEROUS
2010 SUPPORTERS FOR MAKING
THIS EVENT A SUCCESS!



Environmental Resolutions Inc.

Misha's Autobody & Restoration

Eileen Fahey, ESQ

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Center Stage Antiques, Inc.

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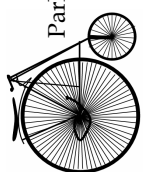
Wal-Mart

Canal Liquors

WE are accepting SPONSORSHIPS
for the Eastampton 5K Park Run &
Walk. Call 609/267-5723,
for information.



Township of Eastampton
Parks and Recreation Department
12 Manor House Court
Eastampton, NJ 08060
www.eastampton.com



Eastampton Township
Parks & Recreation
presents



5K Park
Run and Walk

& Kids 1 Mile

Fun Run

USTAF
Certified Course
#NJ06006LMB

Saturday, May 21, 2011

Fun Run 8:45am start

5K Run 9am start

Rain or Shine



Eastampton Township
New Jersey Est. 1880



REGISTER TODAY

Event Description

On May 21, 2011, Eastampton Township will hold its annual 5K Park Run and Walk and Kids 1 Mile Fun Run. The 5K Course is USTAF Certified. The 5K events follow a unique path beginning at the Rancocas Valley Regional High School Athletic Fields continuing through Historic Smithville Park and Smith's Woods. There is one set of stairs within the runners course. Ninety-five percent of the course is on a man-made hard packed material with the beginning and end of the course on grass fields. The Kids Fun Run is set on athletic fields to allow for visibility.

All proceeds from this unique 5K Park Run and Walk and Kids Fun Run benefit the activities of Eastampton Township's Parks & Recreation Department



- * Event is rain or shine.
- * No refunds are given for any reason.

Race Day Schedule

Race Fees	5K Run or Walk	Kids Fun Run	Team
Until May 7	\$15	\$5	\$25
After May 7	\$20	\$5	\$35

- 6:30 am Volunteers Report
- 7:30 am Runner Arrival and Registration
- 8:30 am Registration Closes & Report Time
- 8:45 am Kids Fun Run (1 mile) begins
- 9:00 am 5K events start
- 10:15 am Lollipop Dash (50 yards)
- 10:45 am Closing Ceremony

Awards

Awards will be presented to the top male & female finishers overall and the following age groups 15 and under, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ .

Official race t-shirts will be given to all pre-registered participants and to those who register the morning of the event while supplies last.

Be a Volunteer

This event would not be possible without the help of volunteers. Volunteers are needed the day before the event as well as the day of the event. Please let us know what opportunities you are interested in and we will try our best to accommodate you. However, every job is equally important and unless notified, assignments will be handed out the morning of the run. For additional information and a list of the various volunteer opportunities, please call 609/267-5723.

Directions & Parking Information

From the west, take Route 537 into Mount Holly. Turn right onto Mill Street (at the 7-11). Mill Street will turn into Powell Road as you enter Eastampton. The fields will be on your right across the street from Eastampton Farms residential development.

From the north, take 206 south. Past Route 537, Monmouth Road, and Route 630, Woodlane Road. Turn right onto Powell Road. The athletic fields will be on your left.

Eastampton Township
Parks & Recreation



Registration Form

First Name MI

Last Name

Address 75

City _____ State _____ Zip _____

Phone _____ Age on 5/07/11 Gender

_____/_____-____/____ M F

E-Mail Address: _____

Event Entered:

5K Run 5K Walk Kids 1 Mile Fun Run

T-Shirt Size Small Medium Large XL

Release and Waiver-All Participants Must Complete!

In consideration for accepting this entry and the granting of the right to participate in this event, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, waive and release for any and all claims, damages, costs or expenses which may arise against Eastampton Township, Burlington County Board of Chosen Freeholders, Rancocas Valley Regional High School, Best Race Timing Company, sponsors, event representatives, successors, and assignees and/or any other person whomsoever for any and all injuries, illnesses, including death that may result from my participation in said event. I represent and affirm that I am in proper physical condition to participate in this event as verified by a licensed physician and have sufficiently trained for the completion of this event. I here by agree that in the event of the event cancellation due to a storm, rain, winds, inclement weather, or other Acts of God, my registration fee shall not be refunded. I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, videotapes, recordings or any other record of this event for any purpose including commercial use. The Undersigned has read and voluntarily signed this release and waiver.

Signature of participant (if minor, parent/guardian must sign below)

Signature of parent or guardian (if participant is a minor)

Date

Mail completed registration with check payable to: Eastampton Township, Attn: 5K, 12 Manor House Court, Eastampton, NJ 08060.