



Bergenfield Community Center 5K
Sunday, November 11, 2012 at Bergenfield High School
Doors open at 8:00am day of race. Pre-registration closes 11:59pm 11/10/12

15th Annual 5K Run/Walk 10:30am
9th Annual 1 Mile Fun Run 9:30am
1st Annual Children's Challenge (ages 2 – 9) 9:00am

Long sleeve t-shirts for all pre-registered 5K runners and runners who register the day of the race while supplies last. Organizations registering a team of 5 or more by 10/25/12 will have team name printed on shirts! Trophies awarded for the top 3 male & female Bergenfield residents; top 3 male & female runners overall in 15 different age groups.

For information, call Mark at 201-385-9539 or BestRace.com.

Mail applications to: BCCBF, 50 Home Place, Bergenfield, NJ 07621
Online Registration at Bergenfield 5K.com

1 Mile Fun Run Sponsored by Blue Dragon School of Martial Arts
 All children up to 8th grade who run the 1 mile receive an award & t-shirt.
 First 50 people who register receive a nylon sling bag from Blue Dragon School.

Children's Challenge: 4 age groups – under 4, 4-5, 6-7, 8-9
20, 40, 80 & 100 meters. All children receive an award, t-shirt and can participate in the 1 Mile Fun Run.

One application per person. Copies can be made. Checks payable to: Bergenfield Community Center Building Fund

First Name: _____ Last Name _____

Address: _____

City: _____ State _____ Zip _____ Phone _____

Email: _____ Shirt Size: Adult _____ Child _____
 S,M,L,XL,2XL XS,S,M,L

Age on Race Day: _____ Sex _____ Date of Birth _____

2012 USATF-NJ # _____ School/Organization/Team Name _____

	Pre-Registration	Race Day
5K Run/Walk	\$18	\$20
USATF#	\$15	\$18
Bergenfield Student	\$12	\$15
Fun Run ADULT	\$ 8	\$10
Fun Run CHILD	\$ 7	\$10
Children's Challenge	\$ 7	\$10
___ 5K Run/Walk		
___ 5K Run USATF member		___ 5K Run Bergenfield Student
___ Fun Run Adult		___ Fun Run Child
___ Children's Challenge		

Please read the following waiver and sign below before submitting entry:
 I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in the event including, but not limited to falls, contacts with other participants, the affects of the weather, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Bergenfield Community Center Building Fund and all sponsors, their representatives from all claims or liabilities of any kind arising out of my participation in this event even though the liability may arise out of negligence or carelessness on the part of the person named in this waiver.

Signature: _____ Date: _____ Parents signature _____ Date: _____

(if under 18)

Please note: No in-line skates, bicycles, or pets. No refunds rain or shine.