



HOLY FAMILY ACADEMY

BAYONNE, NJ

4 MILE RACE & 1 MILE FUN RUN

SUNDAY, OCTOBER 21, 2012

4 Mile Race @ 9:30am

1 Mile Fun Run @ 9:00am

- Start & Finish: Holy Family Academy 239 Avenue A Bayonne, NJ
- Awards: Top 3 finishers overall (M/F) in each race
- Age Group Awards: Top 3 in four mile, 1st place in one mile race
- Special awards: First HFA Alumna & first HFA student in four mile race
- Course: One loop around downtown Bayonne's scenic waterfront

All participants receive long sleeve quality t-shirts (Size not guaranteed for post-registration). Post race awards and refreshments.

**Entry Fee: \$25.00 (until 10/13/12)
\$30.00 (after 10/13/12)**

Make check payable to: Holy Family Academy
Mail to: HFA Four Mile Run, c/o Larissa Drennan
239 Ave A, Bayonne, NJ 07002

Need more information or directions? Email us at HFAroadrace@gmail.com or visit www.bestrace.com

I know that running is a potentially hazardous activity and that I should not enter and participate unless I am medically able and properly trained. I assume all risks associated with running this event, including, but not limited to, falls, contact with other participants, the effect of the weather, including low or high temperatures, and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself, and anyone entitled to act on my behalf, waive and release Holy Family Academy of Bayonne, its Officers, and race volunteers and all sponsors from any and all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

Signature: _____

Date: _____

Holy Family Academy 5th Annual 4 Mile Race and 1 Mile Fun Run

Please Print Neatly!

Last Name: _____

First Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **Circle: M F Age (on race day):** _____

Email: _____ @ _____

Circle Event: **1 Mile** **4 Mile**

HFA Alum (class of ?): _____ **HFA Student (grade):** _____

T-shirt Size: XS S M L XL **Amount Paid \$:** _____